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keep America free!***

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Cold War Patriots is a division of Professional Case Management and not affiliated with the U.S. Department of Labor.



PO Box 18916 | Denver, CO 80218-9927

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www.coldwarpatriots.org

FOR THE LATEST UPDATES

1.877.335.0779

Updates & News

SEC Expansion Updates

Y-12 Plant – Tennessee

In December 2018, the National Institute for Occupational Safety and Health (NIOSH) recommended that an SEC be established for the Y-12 Plant in Oak Ridge, Tennessee. The SEC would cover all employees of the U.S. Department of Energy, its predecessor agencies, and their contractors and subcontractors who worked at the Y-12 Plant during the period January 1, 1958 through December 31, 1976 for a number of work days aggregating at least 250 work days. This would make the entire SEC coverage for Y-12 March 1, 1943 - December 31, 1976. This SEC is still in the approval process, but could go into effect as early as March 2019. Please check www.coldwar patriots.org for updates.

Sandia National Laboratories – New Mexico

Special Exposure Cohorts (SECs) have been expanded for Sandia National Laboratories in Albuquerque, New Mexico. The SEC covers all employees of the U.S. Department of Energy, its predecessor agencies, and its contractors or subcontractors who worked in any area at the Sandia National Laboratories during the period from January 1, 1995 through December 31, 1996, for a number of work days aggregating at least 250 work days. This would make the entire SEC coverage for Sandia National Laboratories - New Mexico January 1, 1949 - December 31, 1994.

If you worked at either of these locations during the mentioned years, please call the Cold War Patriots Help Center at 1.877.335.0779 for more information on benefits you could be eligible for, or how to apply.

News from the Advisory Board

On November 14-15, 2018, the National Institute for Occupational Safety and Health (NIOSH) held its first in-person meeting since being appointed in August 2018.

The U.S. Department of Labor (DOL) informed the Board that they will be releasing a new version of the Procedure Manual. The DOL doesn't think it would be feasible for the Board to review it before publication.

The DOL asked the Board to provide advice on four issues:

- ★ Parkinsonism, Parkinson's Disease and Manganism – The DOL would like the board to provide them with information which could then be used to improve adjudicating claims.
- ★ Occupational Health Questionnaire – The DOL asks that the Board revisit their recommendations and “provide specific, detailed edits” to the draft.
- ★ Health effects of radiological substances and non-cancerous diseases – The DOL would like the Board to research whether radiation exposure can result in non-cancerous diseases.
- ★ Research to determine if diseases listed in the Site Exposure Matrix (SEM) have aliases. The DOL would like to ensure that all aliases for diseases are listed in the SEM.

The Board noted that the DOL did not accept every recommendation. The DOL explained that the Board's recommendations are debated internally with their experts. Only if those internal experts agree, will the Board's recommendations be accepted.

★★★ Next in-person meeting will be Spring 2019. ★★★

What is Bladder Cancer and How Would I Know if I Have It?

The urinary bladder is a small sac-like organ in the pelvic region that holds urine (liquid waste) which drains from your kidneys and is eventually excreted. Urine is normally sterile, but if you have a bladder infection or inflammation, it can contain bacteria, viruses, or certain other toxins that can show up in your urine during lab tests or urinalysis.

Incidence:

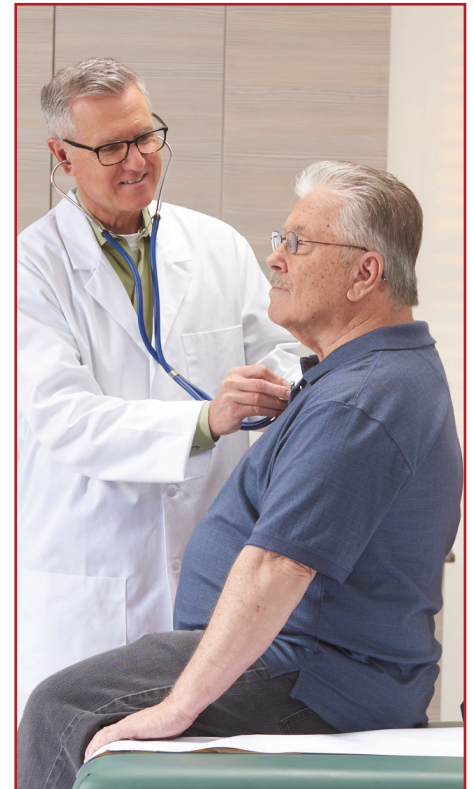
Bladder cancer ranks as the fourth most common cancer among men in the U.S., and the eighth most common in women. As early as 1895, a high incidence of bladder cancer among workers in certain dye industries was discovered. Since then, there have been other industries identified as having higher cancer risks due to proven occupational exposures. U.S. nuclear weapons manufacturing plants are one such example. Up to 25% of bladder cancers are caused by exposure to carcinogens in the workplace.

Risk Factors:

Most of these carcinogens are chemicals known as aromatic amines; examples are MDA, benzidine, perchlorethylene, along with aniline dyes, solvents, pesticides, paints or diesel exhaust. These cancer-causing agents are either inhaled, ingested or absorbed through the skin at work and eventually make contact with your bladder wall via urine. Ionizing radiation to the urinary tract can also lead to cancer. Cigarette smoking is a significant risk factor due to toxic chemicals in smoke ending up in the bladder.

Signs and Symptoms:

Because there are no definite signs or symptoms of bladder cancer, it can sometimes be difficult to diagnose early. If signs do appear, the most common one is blood in the urine. Other less common signs can include pain or burning upon urination, frequency, hesitancy, retention, low back or abdominal pain, or unexplained weight loss. If you experience any of these, you should see your doctor for an exam and testing. The earlier your cancer is caught and treated, the better your chances are for a cure.



How is Bladder Cancer Treated?

If you or your doctor think you may have contracted bladder cancer caused by toxic exposures in the workplace, you could be eligible to file a claim for benefits under the EEOICPA, administered by the U.S. Department of Labor (DOL).

Helpful Hints For Filing a Successful Claim with the U.S. Department of Labor

- ★ Make sure you have completed an occupational history questionnaire. What you were exposed to, when, where and for how long is important information to help prove your EEOICP claim. Obtain a copy of your employment records including job titles.
- ★ Obtain copies of your medical records from your doctors, including history and physical exams, test results, diagnoses and treatments related to your condition(s).

**If you feel unsure about the process, don't hesitate to
call the Cold War Patriots Help Center at 1.877.335.0779.**

2019 Cold War Patriots Events



Cold War Patriots (CWP) is excited to announce our 2019 event schedule. This year we will continue with our educational morning and afternoon Town Halls, while introducing more social events for this tight-knit group of workers.

For date, time, and event locations visit www.coldwarpatriots.org, call 1.877.335.0779, or check your mailbox for official invitations throughout the year.

March

Amarillo, TX
Yakima, WA
Richland, WA
Kennewick, WA
Mayfield, KY
Paducah, KY
Los Alamos, NM
Española, NM
Albuquerque, NM

April

Portsmouth, OH
Piketon, OH
Grand Junction, CO
Shiprock, NM
Pahrump, NV
Las Vegas, NV
Aiken, SC
North Augusta, SC
Barnwell, SC
Farmington, NM
Grants, NM
Arvada, CO
Longmont, CO
Burlington, IA
Ames, IA

May

Amarillo, TX
Panhandle, TX
Richland, WA
Pasco, WA
Loudon, TN
Kingston, TN
Rockwood, TN
Oak Ridge, TN
Santa Fe, NM
Albuquerque, NM
Portsmouth, OH
Piketon, OH
Miamisburg, OH
Hamilton, OH
Mayfield, KY
Paducah, KY
S. Las Vegas, NV
N. Las Vegas, NV
Grand Junction, CO

June, July,
August, and
September Events
Coming Soon!

Cold War Patriots Help Center

The Cold War Patriots Help Center assists nuclear weapons and uranium workers navigate programs related to EEOICPA and RECA. Many Help Center representatives are former workers themselves and understand personally the issues that you may face. The Help Center is open Monday through Friday from 7 am to 5 pm MST.

Please call 877.335.0779 or email us at info@coldwarpatriots.org.



National Day of Remembrance

Senate Resolution 682 was passed by the U.S. Senate on October 15, 2018, once again designating October 30th the National Day of Remembrance (NDR) for nuclear weapons and uranium workers. NDR is a national day initiated by Cold War Patriots to recognize and honor the thousands of nuclear weapons and uranium workers who served this country.



To honor the 10th Anniversary, Cold War Patriots held eleven official events across the country to pay respect to the fallen heroes and living legends who worked in the nuclear complex. Cold War Patriots called on two former Secretaries of Energy - Donald Hodel and Bill Richardson, to come together to serve as Honorary Co-Chairs; they lent their voices of support and recorded an NDR video for each event, honoring and thanking all nuclear weapons and uranium workers. Current Secretary of Energy, Rick Perry, also recorded a special message to all workers.

Representatives read remarks from the offices of Senators Rob Portman, Lamar Alexander, Tim Scott, Patty Murray, Maria Cantwell, Ted Cruz, Sherrod Brown, Martin Heinrich and Congressmen Joe Wilson, Ben Lujan, and Mac Thornberry. In person speakers included Senator Tom Udall, Congresswoman Dina Titus, and Congressmen Dan Newhouse and Brad Wenstrup. Local dignitaries and representatives from the U.S. DOL and U.S. DOE also attended or sent messages of support. Former workers, family members, and friends gave heartfelt speeches. Members of local community groups performed patriotic songs and led the Posting of the Colors.

Ten remembrance candles were lit during the ceremony by local unions, retiree groups, and former workers to honor the fallen heroes who worked in the nuclear weapons and uranium industry and helped keep America safe and free. Cold War Patriots is honored to remember you and the sacrifices you made not only on this day, but every day.

Thank you to our sponsors for making this event possible, including, Professional Case Management, the American Cancer Society, Cancer Support Community of East Tennessee, Alliance Hospice, Red Rocks Medical Center, Veteran of Foreign Wars Post 1475, and National Church Residence.



Hamilton, OH



Piqueton, OH



Richland, WA



Las Vegas, NV



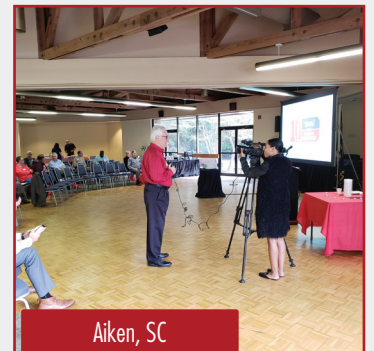
Española, NM



Shiprock, NM



Amarillo, TX



Aiken, SC



Arvada, CO



Paducah, KY



Oak Ridge, TN

10th Anniversary Official
Cold War Patriots
National Day
of Remembrance™

October 31, 2018

Is it Time for a FREE Impairment Evaluation?

PCM | **IMPAIRMENTS**

Call 888.837.7393
or visit
PCMimpairments.com



Introducing PCM Impairments

Did you know that, as a nuclear weapons or uranium worker, you could qualify for even more monetary compensation? To determine if you qualify, you'll need an impairment evaluation, which must be performed by a certified physician who is enrolled in the U.S. Department of Labor (DOL) EEOICPA program. Professional Case Management, the premier in-home care provider for nuclear weapons and uranium workers, is excited to announce a new division, PCM Impairments.

PCM Impairments offers FREE impairment evaluations that include a thorough medical records review, plus an in-depth conversation with an impairment physician over the phone in the privacy of your own home. Or meet with one of our physicians in person if you live in the Oak Ridge, TN or Aiken, SC areas. We believe this direct, personal interaction with a physician provides you with the best and most thorough impairment evaluation experience.

PCM Impairments Evaluations Include:

- A thorough medical records review.
- An in-depth conversation with an impairment physician.
- No cost to you. Your EEOICPA benefits cover one impairment evaluation every two years, or sooner if new or consequential covered conditions arise.
- Nationwide access.

Call 888.837.7393 or visit PCMimpairments.com
to learn more about this benefit.

MEET THE PHYSICIANS

Donald Lakatosh, M.D.,
Randy Soo Hoo, M.D., and
Norm Walton, M.D. are
certified by the American
Board of Independent Medical
Examiners (ABIME), the
premier certifying body for
impairment evaluators. Each
doctor has more than 12
years of experience providing
impairment evaluations to
nuclear weapons and
uranium workers.

