

**We did our part to
keep America free!**

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★ Recent changes to the U.S. DOL procedure manuals, potential new SECs and laws are being discussed that could affect your benefits. Call us today to learn if your benefits could be impacted by these updates! ★

www.coldwarpatriots.org

1.877.335.0779

ACHC Accreditation



Professional Case Management (PCM) has been awarded accreditation from the Accreditation Commission for Health Care (ACHC). To achieve this designation from the ACHC, health care providers must go through a rigorous review process.

“Our clients contributed to national security and PCM is dedicated to providing these former workers with the best possible care,” said Brad Drevno, PCM’s Chief Operating Officer. “ACHC accreditation is just one more reason these patriots can rest assured that we are providing them with a level of care that meets the high standards set by health care industry professionals.”

In addition to demonstrating its commitment to quality, the ACHC accreditation also is evidence of PCM’s commitment to continuous improvement, as ACHC provides ongoing guidance on best practices within the industry.



Flu Shots | Get One This Season!

Most adults fall into one of three categories, either they get their flu shot annually, they never get one, or they do so sporadically.

Medical experts agree, this year is the year to get a flu vaccine, and the timing for getting it is right now! The Centers for Disease Control (CDC) recommends that adults get a flu vaccine by at least the end of October. Once received, it takes on average two weeks for the vaccine to become effective. So, now is the time to get your flu shot.

“Looking back on the years I worked in a hospital, I cannot help but wonder how much illness and suffering could have been prevented by something as simple as a flu shot. It was common for me to be called to the ER to care for a patient with COPD or other respiratory illnesses who already had compromised lungs that were further challenged by the flu. Patients would be extremely short of breath and have low oxygen levels in their blood. Fortunately, many patients recovered after a few days of intensive respiratory treatments and medications. But honestly, a scare like that and a few days in the hospital could have been avoided in most cases by having a flu shot. It not only protects you, but those around you. It also helps our health care workers if you can avoid a visit to the doctor’s office or hospital. Lastly, with COVID-19 still a risk, you do not want to take the chance of having both COVID-19 and the flu at the same time. Please, talk to your health care provider about getting your flu shot today!”

Kelly Garber, Professional Case Management, Certified Respiratory Therapist



Outreach Specialist Spotlight



My name is Cynthia, and I am privileged to serve the Colorado Front Range area. In my role as a Regional Homecare Outreach Specialist at Cold War Patriots (CWP) and Professional Case Management (PCM), my first responsibility is to you, the workers. I am here to help you navigate the Energy Employees Occupational Illness Compensation Program and the benefits of the U.S. Department of Labor white medical benefits card.

To make sure you receive the care you need, a large part of my time is spent educating healthcare providers, such as Hospitals, Rehabilitation Centers, Oncology and Pulmonary Practices. Many of these medical practitioners did not live in Denver when Rocky Flats Plant was open, thus your story becomes a history lesson to ensure you are recognized and properly cared for by the medical teams.

Over the last seven years my patriotism has been bolstered by my relationships with the workers I serve. I come from a family steeped in serving our country. My Grandfather was on horseback in WWI, my father served in the Korean War, my Uncle who was a colonel who survived capture as a prisoner of war, and those nearest to me serving in diplomatic and protection roles. The respect and admiration I have for the generations of Cold War Patriots is beyond measure. I am often told by my friends who hear me on the phone with a worker that they are lucky to have me. The truth is though I am the lucky one, as I get to know and care for you!

Regional Director Spotlight



Donna Berry, South Carolina

I've lived in South Carolina most of my life and worked as a nurse at the Savannah River Site (SRS) plant. In my 45 years of health care experience, I have ensured high standards of competent care, and for the past 10 years at PCM I have been dedicated to caring for our clients, I even helped establish our South Carolina and Georgia offices. I am honored to oversee a highly qualified team of Registered Nurses who take care of our SRS workers.



Tara Styck, Indiana

I have been a nurse for 13 years. I joined PCM seven years ago working in Colorado. Recently I relocated back home to my state of Indiana and helped open our new office in beautiful Lawrenceburg! I am humbled by the opportunity to provide truly compassionate care when our clients need it the most. I love my job dearly and am so proud to be able to provide care to nuclear weapons and uranium workers.



Anna King-Sutton, New Mexico

I am a native New Mexican, born and raised on a farm and ranch. I have been a nurse for 13 years and began my career with PCM six years ago as an in-home staff nurse. I have a true love for New Mexico and the wonderful people who live here. I am blessed and honored to serve my community by leading a team of dedicated healthcare workers who provide excellent care for our nuclear weapons and uranium workers throughout New Mexico.



Your Everyday Patriots

This quarter's Everyday Patriots are Billy Bob, Lloyd, and Bobby. Together these three patriots' experience as nuclear weapons and uranium workers totals 93 years and counting! They've held a variety of jobs, including: Pipefitter, Component Assembler, Division Officer for Environmental Safety, Health and Radiological, Labor and Drilling Assistant, and "too many positions over 40 years to list!"



Billy Bob

Billy Bob has worked at Paducah Gaseous Diffusion Plant since 1979; he is still working and is an active member of the Pipefitters Union. Billy Bob is very active in his community and works as an instructor for the United Steel Workers.



Lloyd

Lloyd worked in Oak Ridge for 40 years, three months, and one day. He has one of the largest memorabilia collections from the Manhattan Project, over 50 people have donated to it. For 52 years he has volunteered with the Boy Scouts of America.



Bobby

Bobby started his career as a uranium miner straight out of high school. After 11 years as a uranium miner, he went on to teach elementary school students for almost 50 years, incorporating Cold War history whenever he had the chance.

Cold War Patriots is proud to tell these stories. To learn more about this year's Everyday Patriots, visit ColdWarPatriots.org/EverydayPatriot. If you did not receive your 2021 Cold War Patriots Calendar, please call our Outreach Help Center at 877.335.0779.

★ 2022 Cold War Patriots Calendar ★

As a token of our appreciation, we create a unique wall calendar annually that you can display with pride in your home. The 2022 calendar theme will be nostalgic imagery during the Cold War period. This will be anything from pop culture, events, movies, leisure and lifestyle, music, holidays, fashion, and architecture.

2022 calendars are scheduled to arrive in homes the end of November 2021. Please keep an eye out for yours!





★ FRIDAY ★
OCT. 29th

**A NATIONWIDE
VIRTUAL CEREMONY**

A SPECIAL THANK YOU

This year, we are pleased to offer a commemorative Cold War Patriots leather coaster set as a special means of recognition to the living legends and fallen heroes who protected our nation.



HONORING OUR LIVING LEGENDS & FALLEN HEROES

This year marks the 13th anniversary of the Official Cold War Patriots National Day of Remembrance™; a ceremony held to honor the men and women who worked in the U.S. nuclear weapons and uranium industries and to recognize those who are no longer with us. As a nuclear weapons or uranium worker, you are invited to be recognized as a living legend and to help us remember our fallen heroes.

REGISTER TO VIEW THE VIRTUAL CEREMONY

We want to keep our Cold War Patriots safe, so the 13th Official Cold War Patriots National Day of Remembrance™ will be a **virtual** ceremony that you can watch from your home. Registration is easy, you can either:

- ★ Visit coldwar patriots.org/NDR and fill out the registration form, **OR**
- ★ Call our Outreach Help Center at **866.311.5760** to fill out the registration form over the phone

You will then **receive an email** with instructions on how to view the ceremony on your computer or smart phone. For more ceremony details, including how to submit the name of a loved one to be honored, visit coldwar patriots.org/NDR. If you have any additional questions, please call **866.311.5760** or email events@coldwar patriots.org.



To receive yours by mail, register to view the virtual 13th Official Cold War Patriots National Day of Remembrance™ ceremony.



PCM Clients and the Pandemic



As the COVID-19 pandemic infiltrated every aspect of life, it also served as a reminder of the valuable resources Professional Case Management (PCM) provides to nuclear weapons workers, uranium workers, and their families. Amidst social distancing and stay-at-home orders, PCM's in-home, patient-centric approach allowed us to offer our safe, superior services uninterrupted. The stories below represent just a few of many success stories PCM experienced during the pandemic.

Admitting a New Client Through the Front Door

Over the years, the Paducah Gaseous Diffusion Plant (PGDP) in Kentucky was used to enrich uranium for use in military reactors, nuclear weapons and commercial nuclear reactors. Roger worked there as a janitor in the late 70s, sweeping floors in the process buildings where chemicals were used. His risk of toxic exposure was high—while he swept he would even notice the floor smoking and fogging where chemicals had spilled.

Roger's work influenced his health, and he eventually became eligible for PCM's services. But when it came to admitting him as a client, things got a little tricky when Roger found out he had COVID.

Following safety protocols and putting his health first was paramount. PCM overcame many hurdles to be able to complete Roger's admission and get his care started right away. Fortunately, Roger went on to defeat COVID, and continues to be a confident PCM client today.



Roger, Paducah Gaseous Diffusion Plant Worker, PCM Client, Kentucky



Paducah Gaseous Diffusion Plant (PGDP) was constructed in 1952 to produce enriched uranium from 1952 to 2013. PGDP was the only operating uranium enrichment facility in the United States in the period 2001 to 2010.

If you or a family member could benefit from PCM's helpful services, call us at 877.335.0779 to begin receiving the care you have earned.

Uncompromising Care for the Immunocompromised

Last year, Deborah was admitted to the hospital after many illnesses and an unknown diagnosis. After a lengthy treatment, she was able to return home and begin her recovery. Still immunocompromised and uncomfortable out in public, PCM put extra caution in caring for Deborah when she became a new client.

To make her experience with PCM even more enjoyable, we were able to match Deborah with her friend Heather, a PCM caregiver who the family knew and trusted. On top of that, PCM also trained and certified Deborah's son-in-law as a family caregiver.

“

“PCM has provided kind, consistent care during COVID. I have been confident in their services and thankful I am able to be home with my family, knowing help is easily accessible.”

*Deborah,
PCM Client, Ohio*



“

“PCM's training was informative and convenient. This made the process easy for me to help my loved one during the pandemic, while still maintaining a balance at home.”

*Tyler, Deborah's
son-in-law*

Together, with a firm focus on safety, Tyler and Heather assist Deborah daily—providing help with doctor appointments and chemotherapy treatments ten hours a day, seven days a week. And for that, she's thankful.

Throughout the past year, PCM's deep experience has only grown deeper. Our work during the pandemic has given us valuable knowledge, and a blueprint for protocols and best practices during future situations.

Portsmouth Gaseous Diffusion Plant, commonly known as the A-Plant, was one of three large gaseous diffusion plants in the United States. Initially it was constructed to produce enriched uranium to support the nation's nuclear weapons program.



Professional Case Management
Helping Nuclear & Uranium Workers Live at Home

Cold War Patriots and Professional Case Management are proud and honored to share these real life stories and respect our clients wish to not share their photos.

Q&A with Dr. SooHoo



1. What is an impairment?

A medical impairment is an anatomic loss of a body structure or organ system or where there is a change in the organ or body system. Medical impairments generally result from an injury or illness and can remain stable or progress through time. Disability and impairment are often mistakenly used interchangeably.

2. What is an impairment rating?

An impairment rating is a process where a percentage, representing the extent of an impairment, is determined. While there are different impairment rating procedures, the U.S. Department of Labor Energy Employees Occupational Illness Compensation Program Act (EEOICPA) specifically requires using the guidelines outlined in the American Medical Association Guides to the Evaluation of Permanent Impairment, 5th edition (AMA Guides).

The AMA Guides list criteria for different medical conditions that corresponds to a number representing the impairment percentage. Impairment percentage ranges differ depending on the body system and its respective criterion. The impairment number does not represent disability nor does it imply prognosis.

3. What are consequential impairments and how are they rated?

According to EEOICPA, a consequential condition is an illness “causing, contributing to or aggravating an injury, illness, impairment, or disease.” A consequential condition is compensable if it is established as “being medically linked to a previously accepted work-related illness.”

The AMA Guides are used to rate consequential conditions independent of the covered illness. Ratings percentages for the covered illness and consequential condition(s) are combined using a formula derived in the AMA Guides and are not added.

4. If I have more than one impairment, how are they rated?

Medical impairment are independently rated according to the corresponding criteria for the specific condition. Rating percentages are combined, not added. The AMA Guides derived a formula to assure that a Whole Person Impairment rating does not exceed 100%.

For example, if an individual has a 30% impairment rating for one condition and a 15% impairment rating for another condition (either different or consequential), the combined Whole Person Impairment rating is 41%, not 45%.

We are certain you will have a great experience with PCM Impairments. You have a choice in Impairment providers, so why not choose the best? If you have used another provider in the past, it's no problem—you can start fresh, and we can begin assisting you today!