

**We did our part to
keep America free!**

IN THIS EDITION:

- ★ In Memoriam: Terrie Barrie | Pg 1
- ★ Updates & News | Pg 1
- ★ National Day of Remembrance | Pg 2
- ★ CWP & PCM Spotlight | Pg 3-4
- ★ Flu Shots | Pg 5
- ★ PCM is Ready When You Are | Pg 6
- ★ PCM Impairments | Pg 7

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Cold War Patriots is a division of Professional Case Management and not affiliated with the U.S. Department of Labor.

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★ Recent changes to the U.S. DOL procedure manuals, potential new SECs and laws are being discussed that could affect your benefits. Call us today to learn if your benefits could be impacted by these updates! ★

www.coldwarpatriots.org

1.877.335.0779



UPDATES & NEWS



In Memoriam: Terrie Barrie

With heavy hearts, we share that Terrie Barrie passed away on July 21, 2022, after a long illness. Terrie was a tireless advocate for the nuclear complex and uranium worker community who tenaciously applied her expert knowledge on behalf of the sick worker community.

Terrie spent untold hours attending government board meetings, Congressional hearings, agency working group sessions and advocacy strategy sessions to achieve her in depth understanding of EEOICPA. She served as the focal point for the Alliance of Nuclear Worker Advocacy Groups (ANWAG) writing letters to Federal agencies and Congress about

challenges workers faced in navigating the program. Her efforts led to agency attention, reforms, process changes and substantially improved access to worker benefits.

At Cold War Patriots, Terrie helped establish and successfully achieve every Congressional National Day of Remembrance honoring the sacrifices of the nuclear weapons and uranium worker communities and their families. Deb Jerison, one of Terrie's close friends and fellow advocate, observed that Terrie was both brilliant and whimsical, bringing diverse people together to better serve others. Her keen intellect, devotion to doing what's right, positive teamwork and genuine care for sick workers helped so many and will continue to inspire and guide our work at Cold War Patriots.

We will miss you, Terrie.



Defense Department Announces Atomic Veterans Commemorative Service Medal

On July 5th, the Defense Department announced:

The Secretary of Defense established the Atomic Veterans Commemorative Service Medal to commemorate the service and sacrifice of veterans who were instrumental in the development of our Nation's atomic and nuclear weapons programs. Veterans eligible for the medal are those who, while performing official military duties during the period of July 1, 1945, to October 1, 1992:

- directly participated in the detonation of an atomic weapon or device;
- directly participated in the cleanup of radioactive material resulting from any such atmospheric detonation or an accident associated with an atomic weapon; or
- were exposed to ionizing radiation resulting from the operational use of atomic weapons during World War II.

The Director of the Defense Threat Reduction Agency (DTRA) will manage this program and anticipates it will have medals by the end of the year.



Cold War Patriots thanks the Defense Department for establishing this medal and we thank them for recognizing the work of our living legends and fallen heroes. Cold War Patriots will alert members when the online portal opens.



OCTOBER
28TH
2022

HONORING OUR LIVING LEGENDS & FALLEN HEROES

Cold War Patriots (CWP), the largest organization to educate and advocate for nuclear weapons and uranium workers, has provided assistance to the over one million patriotic Americans who served to fortify our nation's nuclear defense; often sacrificing your health in the process. If you are a nuclear weapons or uranium worker, we encourage you to become a member of CWP for free and we invite you to attend the 14th Official Cold War Patriots National Day of Remembrance™.

REGISTER TO VIEW THE VIRTUAL CEREMONY

The 14th Official Cold War Patriots National Day of Remembrance™ will be a virtual ceremony that you can watch from your home. Registration is easy, visit www.coldwarpatriots.org/NDR and fill out the registration form.

You will then receive an email with instructions on how to view the ceremony on your computer or smart phone. For more details, visit www.coldwarpatriots.org/NDR, call **866.596.8087** or email events@coldwarpatriots.org.



A SPECIAL THANK YOU

We are pleased to offer a 3'x5', made in America, United States flag as a special means of recognition.

We encourage you to hang this flag outside your home as a way to honor and remember the Living Legends and Fallen Heroes whose extraordinary work will never be forgotten.

To receive yours by mail*, register to view the virtual 14th Official Cold War Patriots National Day of Remembrance™ ceremony.

*Offer available to nuclear weapons and uranium workers only.

TRY ME!
USE YOUR MOBILE
PHONE CAMERA





Belinda Carter,
Senior Director of Clinical Operations

I began my career with PCM over nine years ago. Through the years, I have progressed from the position of staff nurse to my current role as Senior Director of Clinical Operations for the United States Eastern region and parts of the Midwest. I was born and raised in Southern Ohio, and have many friends and family members who are former or current workers at the Portsmouth Gaseous Diffusion Plant, or better known as the A-Plant. It has been my honor to serve them as well as the Cold War Patriots who worked at other facilities in Ohio, Luckey, Fernald, Mound Lab, and GE.

In my current role, I have been blessed to be able to travel to different sites across my region, to learn the history of each plant, and the stories behind the extraordinary individuals who have served our country through their work. I am reminded daily why our work is important and am grateful to have the unique opportunity to make a positive difference in the lives of those we serve and to witness our nurse heroes in action, caring for those who gave up so much for our freedom.



Mollie Mouton,
Senior Director of Clinical Operations

I grew up in Colorado and moved to New Mexico after nursing school. I have been a nurse for 34 years, with a focus on home and community nursing. I have worked with the Indian Health Service in Gallup, New Mexico, the Peace Corps in Guatemala, and now with EEOICPA and RECA clients. I have been working at Professional Case Management since 2013. I began as the Regional Director for New Mexico and now am the Senior Director of Clinical Operations for the United States Western region.

I find that PCM continually challenges me to do better and be better at what I do for our clients. Last year, I led our great team of nurses and caregivers to receive accreditation through the Accreditation Commission for Health Care (ACHC), demonstrating PCM's commitment to quality and continuous improvement. I can honestly say that we serve the most wonderful people, and it is an honor to work as a PCM team member.



Beth Evans, Community Homecare Outreach Representative – Ohio

In 2017, I joined PCM as a nurse, I took care of those of you who worked at the local U.S. DOE sites here in Ohio. For the past three years I have been the Community Homecare Outreach Representative, and now help all of you navigate EEOICP. Using my nursing knowledge, I am able to educate local doctors offices, hospitals, skilled nursing facilities and pharmacies on your U.S. Department of Labor white medical benefits card and how it assists with your diagnosis.

I have met many A-Plant, Fernald, Mound Lab, GE, and other nuclear weapons workers at the local Town Halls and Benefits Reviews we host, including my luncheons that I hold at local businesses and restaurants. If I have not had the opportunity to make acquaintances with you, please come see me at one of our local events. I would love to help you maximize your EEOICP benefits and answer any questions. I deeply appreciate the sacrifice and commitment you have given of yourself and to our country. I am honored and consider it a privilege to serve you and will give you that same commitment.



Twanna Starks-Weatherspoon, Regional Homecare Outreach Specialist – Nevada

After working in the nursing and Specialty Pharmaceutical industry for over 25 years, I decided that I wanted to work more in my own community and spend more time with my family. I joined PCM in July 2020. I grew up in Las Vegas and I knew (or thought I knew!) quite a lot about the Nevada Test Site. Growing up, many of my classmates and friends had parents who worked at NTS, and many of them even went on to join the NTS workforce. I saw the many sacrifices that were made by the workers and their families.

I volunteer and am a Board Member for “Friends of Parkinson’s” and understand many of our former workers have neuropathies and Parkinson’s related issues. I am part of the PCM Care’s Team American Cancer Society, helping raise awareness and funds in support of ongoing research and cure development. It is very rewarding for me to be a part of the “giveback” that they have so earned.



FLU SHOTS

Get One This Season!

Most adults fall into one of three categories, either they get their flu shot annually, they never get one, or they do so sporadically.

Medical experts agree, this is the year to get a flu vaccine, and the timing for getting it is right now! The Centers for Disease Control (CDC) recommends that adults get a flu vaccine by the end of October. Once received, it takes on average of two weeks for the vaccine to become effective. So, now is the time to get your flu shot.



"Looking back on the years I worked in a hospital, I can't help but wonder how much illness and suffering could have been prevented by something as simple as a flu shot. It was common for me to be called to the ER to care for a patient with COPD or other respiratory illnesses who already had compromised lungs that were further challenged by the flu. Patients would be extremely short of breath and have low oxygen levels in their blood. Fortunately, many patients recovered after a few days of intensive respiratory treatments and medications. But honestly, a scare like that and a few days in the hospital could

have been avoided in most cases by having a flu shot. It not only protects you, but those around you. It also helps our health care workers if you can avoid a visit to the doctor's office or hospital. Lastly, with COVID-19 still a risk, you do not want to take the chance of having both COVID-19 and the flu at the same time. Talk to your health care provider about getting your flu shot today!"

— Kelly Garber, Professional Case Management, Certified Respiratory Therapist

★ 2023 Cold War Patriots Calendar ★

As a token of our appreciation, we create a unique wall calendar annually that you can display with pride in your home. The 2023 calendar theme will be the History of the American Flag. This will feature The Betsy Ross Flag, the flag in space, and many more historical moments.

2023 CWP calendars are scheduled to arrive in homes at the end of November 2022. Please keep an eye out for yours!



Who We Are

We are Professional Case Management (PCM) the founders of Cold War Patriots. Since 2001, we have helped numerous individuals in the nuclear weapons and uranium industries with our in-home care services. Our mission is to bring you hope, healing and the highest level of quality care—all in the comfort of your home. We received accreditation through the Accreditation Commission for Health Care (ACHC), so you can trust we are committed to quality care and continuous improvement.



In-Home Care Services

PCM provides a broad range of services, from aide and attendant care to highly skilled nursing care. Depending on your medical needs, you could receive:

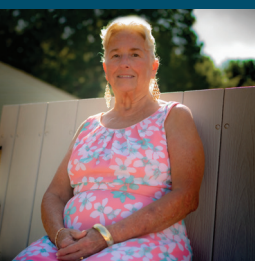
- Nursing visits to monitor vitals
- Disease, wound, & medication management
- Blood draws
- Assistance with personal activities, such as hygiene and dressing
- Preparing meals & light housekeeping

Your Care Team

As a client of PCM, you will be partnered with a dedicated care team including a Regional Director, Registered Nurse Case Manager, and our resource staff (available 24/7). Empathy and compassion are essential, we work closely to ensure all your needs are met, and we will always act in your best interest, respecting your dignity.

Family Caregiver Program

PCM provides opportunities for your loved ones, if they qualify, to become a Caregiver, meaning they would be paid to provide you in-home care. We will supply them with educational resources, ongoing training, and 24/7 support.



Hear from Workers Just Like You

“Professional Case Management has been a bright spot in my medical journey. My PCM Case Manager and Caregivers are excellent—I am grateful for their support and care!”

— Linda, former Savannah River Site worker of 11 years, PCM client since 2015

“Since I started receiving in-home health care, PCM has absorbed many of my medical responsibilities which allows my family and myself more independence. My Case Manager and Nurses are dependable and sincerely care about my health and wellbeing. They are respectful to me and my family, they involve and educate all of us regarding my medical needs and concerns.”

— Addison, former Portsmouth Gaseous Diffusion Plant worker of 10 years, PCM client since 2019



As Summer fades and Fall begins, thoughts of falling leaves and cooler weather may come to mind. It's also a good time to take stock of your health and make sure you have all your bases covered, for example:

- Schedule routine doctor visits and arrange for a flu shot and any other recommended vaccinations.
- Ensure you take your medications daily as prescribed.
- Get some activity each day when possible and eat a healthy diet.

This may also be the time of year you feel more impact from your covered conditions. While you are thinking about it, when did you last have an Impairment Evaluation to assess your level of impairment? Generally, you can have an Impairment Evaluation every two years for the conditions covered on your U.S. Department of Labor white medical benefits card. Putting it off because you do not want to deal with the paperwork and hassle? Let us make it easy for you.

At PCM Impairments, we:

EASY

Prepare all the initial paperwork required by the U.S. DOL and send it to you for signatures.

EASY

Submit paperwork to the U.S. Department of Labor on your behalf and notify you when authorization is received.

EASY

Collect your pertinent medical records, arrange testing when needed, and assist with a clinical questionnaire.

EASY

Set up an appointment with one of our three experienced Impairment Doctors.

Notice the pattern?

We make it easy on you!

Call us today at 866.578.2580 to discuss your Impairment Evaluation needs.



Dr. Lakatosh, Dr. Walton and Dr. Soo Hoo provide impairment evaluations, including an in-depth conversation with you.