

## We did our part to keep America free!

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Cold War Patriots is a division of Professional Case Management and not affiliated with the U.S. Department of Labor.



P.O. Box 18916 | Denver, CO 80218-9927



Recent changes to the U.S. DOLprocedure manuals, potential new SECs and laws are being discussed that could affect your benefits. Call ustoday to learn if your benefits couldbe impacted by these updates!

www.coldwarpatriots.org

# **Updates & News**

# In-Home Care for Nuclear Weapons and Uranium Workers:

### Top 10 EEOICPA Myths Explained

Professional Case Management (PCM), the founding company of Cold War Patriots (CWP), specializes in customized in-home healthcare for nuclear weapons and uranium workers, maximizing Energy Employees Occupational Illness Compensation Program Act (EEOICPA) benefits.

However, understanding how the program works can be complicated. In addition, some workers are reluctant to explore in-home healthcare options that could help them live a more satisfying and comfortable life because they think they need to be homebound to qualify or because in-home care is too expensive.

Read on to learn more about the top ten EEOICPA myths on the program, claims, and benefits, so you can get one step closer to receiving all the in-home healthcare services you've already earned as a nuclear weapons or uranium worker covered under EEOICPA.

And remember - on your journey to a successful EEOICPA claim, you can always count on CWP and PCM to provide you with the education, resources, and support you need to maximize the benefits you've earned.

**3**3

I do recommend PCM for anyone that has ever worked at a nuclear site that may have health issues pertaining to work exposure.

Chuck, CWP Member and PCM
 Client since 2022



#### Discover more on our website:

Scan the QR code, visit coldwarpatriots.org/top10n, or call us at 855.243.2041 today.

coldwarpatriots.org

# Here's the truth behind the top 10 EEOICPA myths:

### **MYTH**

### REALITY

1

In-home care under EEOICPA costs money.

EEOICPA benefits are free, with no copays, caps, or deductibles. Covered services include medical equipment, prescriptions, in-home care, and more.

I need to be homebound to qualify for EEOICPA.

Not required. EEOICPA in-home care can start with light services like monthly vital checks and adapt over time.

3

**EEOICPA** is the same as Medicare or Medicaid.

EEOICPA offers unique benefits and compensation, differing from other programs like Medicare or Medicaid.

4

All in-home care providers are the same.

PCM was the first home health provider under EEOICPA, trusted by 99% of our clients.

5

Changing in-home providers will make me lose benefits.

Not true. You can switch providers anytime without losing EEOICPA benefits. If you hear this from another company, they are wrong.

6

I should wait until I'm very sick to apply.

Benefits do not expire; applying sooner maximizes health benefits and compensation.

7

Denied benefits mean I can't reapply.

You can file for reconsideration or reopening with an advocate's help.

8

Applying takes benefits from others.

EEOICPA benefits are non-expiring and available to all qualified workers.

9

My doctor won't support my application.

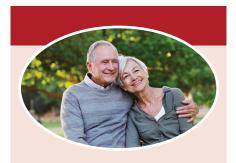
CWP and PCM help you and your doctor navigate the EEOICPA claims process.

10

My family can't be compensated for my care.

Under EEOICPA, a loved one can become a PCM Family Caregiver and receive compensation for providing care.

## **Cold War Patriot Events**



#### **Lunch & Learns**

Join us for lunch as medical experts discuss various topics, including living well with cancer, promoting respiratory health, and maintaining independence with neurological disease progression.



#### **Social Events**

Workers are welcome to drop by, grab a special gift, and catch up with friends. Previous giveaways have featured blankets, duffel bags, garden tool sets, camping chairs, and BBQ grill sets!



#### **Doc Talks**

If you have your U.S.

Department of Labor medical benefits white card, join us for lunch to hear directly from an Impairment Doctor at PCM Impairments about the additional benefits you have earned.

#### For Date, Time, & Event Locations

Visit the Cold War Patriots Events website by scanning the QR code or call **1.877.335.0779**. Be sure to also check your email and mailbox for official invitations throughout the year.



#### **Educational Video Resources**

We're excited to introduce our new educational video series! These videos offer valuable insights for nuclear weapons and uranium workers, and their families. Learn about your benefits, qualification criteria, specific illness resources like cancer and respiratory health, and the U.S. Department of Labor medical benefits white card program. Our videos are here to help!

Start watching now: Visit coldwarpatriots.org/CWPevents or scan the QR code above.

- Benefits You've Earned: EEOICPA
- Maximizing Your U.S. DOL Benefits
- Top 10 EEOICPA FAQs

- Living Well with Cancer
- Promoting Respiratory Health
- Doc Talk: Importance of an Impairment





# **Outreach Spotlight**



#### **HEATHER HOISINGTON**

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After 15 years in the home healthcare and hospice industries, I had the honor of joining Cold War Patriots (CWP) and Professional Case Management (PCM) in April 2024. Although I'm relatively new, it feels like I've been here for years – the role has been incredibly rewarding, and I couldn't be happier to be part of such a unique and wonderful organization.

I assist nuclear weapons workers from Rocky Flats in the Front Range of Colorado with their Energy Employees Occupational Illness Compensation Program Act (EEOICPA) benefits. I spend a lot of time in the community, educating healthcare professionals – including hospitals, cancer centers, pulmonology practices, hospice providers, and other practices – about EEOICPA benefits and how CWP and PCM can support their patients.

I've had the distinct pleasure of meeting many workers and getting to know them at our community events and during home visits. It is truly an honor to serve those who have served our great country. I am thrilled to be part of CWP and PCM and look forward to many great years ahead!



#### **CRYSTAL MOORE**

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I just passed my 11<sup>th</sup> anniversary as part of the in-home health care services division of Professional Case Management (PCM). I have held multiple roles over the years, but always on the clinical side until now. I began my journey as a licensed practical nurse, then advanced to being a registered nurse while still working in the field with clients. A short time later, I was promoted to Case Manager, then progressed to the Senior Case Manager role. In November 2024, I started a new and exciting transition to the Outreach team of PCM.

I fell in love with the Energy Employees Occupational Illness Compensation Program Act (EEOICPA) while working one-on-one with PCM clients in their homes. I have always had an unending curiosity about our local uranium enrichment site and the health effects it has had not only on our workers but also on the community. I feel very passionate about ensuring that workers who developed illnesses know about their benefits and educating the professional community about EEOICPA.

It's a privilege to hear each worker's story and be there as they navigate getting what they are entitled to. It is an honor to give back to the workers, as they gave so selflessly when they were working to protect us.

# $P\!\!\!\!/\!\!\!M$ Senior Case Manager Spotlight



#### LINDSEY SARDEN

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I live in Knoxville with my husband and 10-year-old daughter. I have been a nurse for 17 years and have been with Professional Case Management for almost 6 years. I am fully committed to doing the most I can for each of my clients in my role as Senior Case Manager. I like to think of my clients as my family and consider how I would want someone to care for them. I train my Case Managers in the same way and help them with resources for their clients as well.

Our family has lived in this area for the past 25 years. My mother is a social butterfly, and over the years, she has created her own network of former nuclear workers. She has been a great resource in helping workers!

In my spare time, I enjoy DIY projects and crafts (although I'm not very good at them)! These projects allow me to feel a sense of pride when they are completed. In medicine, we don't always get to see the full fruits of our labor from beginning to end, so I try to find that fulfillment in other ways.



#### **CONNIE SULLIVAN**

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I have been a registered nurse for 24 years and have progressed to receiving my Master of Science in Nursing with a specialization in education. I have been with Professional Case Management (PCM) for 10 years. I began as a staff nurse, then transitioned to a Case Manager, and now I am a Senior Case Manager. I also work with Ohio University in the Bachelor of Science in Nursing program.

I love working with our clients. I have had family members who were former workers at the Portsmouth Gaseous Diffusion Plant, also known as the A-Plant. I meet different members of the community who have worked or know people who worked at the A-Plant. I am always so intrigued by their stories and how they got started at the plant. My biggest joy is helping our community and current clients receive the help they need to remain safely in their homes.

I have educated many workers about Cold War Patriots and several turned into PCM clients for the Ohio region. These men and women now get the benefits they earned. We make a positive difference in the lives of so many men and women who sacrificed so much for our national security. I can wholeheartedly say we care for some of the most amazing people I have ever met!



My name is Jerry, and I worked as a security guard at Pantex Plant in Amarillo, TX, from 1970 to 1973. CLIENT PM CORNER

While working there, I ensured all security measures and standards were

met. This included checking badges as employees arrived for work and checking buildings to make sure they were secure after hours of operation. I also escorted vendors who occasionally needed to be inside the plant to install or repair equipment.

I hope my work made all the employees feel safe from any outside threats so they could concentrate on their jobs. I hope that our security helped keep any serious outside threats from ever becoming a reality.

I have been a Professional Case Management (PCM) client since January 2019. It is very hard to put into words what PCM means to me and my family. I am a widower and live alone, but next door to my son and his family. I was diagnosed with cancer in 2014. I have chemical-induced neuropathy from chemo treatments. This condition is very hard to live with.

My nurses prepare meals for me, do my laundry, and keep my floors and dishes clean. I am on oxygen, dragging my oxygen around the house. I am a fall hazard due to no feeling in my feet, so all the chores that my PCM nurses do for me help to keep me safe, especially when my family next door is at work.

My family has a great sense of relief that I am taken care of when they are at work. My PCM nurses and case manager are all very good at monitoring my prescriptions and making sure I take my meds as prescribed. Using a cane and with the assistance of my nurses, I am able to go to my greenhouse and take care of some plants. I am writing this on December 27, 2024, and I currently have tomatoes, lettuce, onions, and swiss chard growing in my greenhouse. The greenhouse is about the total of my outside activity, thanks to PCM nurses.

I would recommend PCM to a stranger if they had the need, for the reasons I listed above as to how they are helping me.

"It is very hard to put into words what PCM means to me and my family."



Scan the QR code or visit procasemanagement.com/pcm-client-corner to read more from CWP members who are also PCM clients on our Client Corner page.

If you're curious about your eligibility to become a client, call the Outreach Help Center at 877.335.0779.

# **PM** IMPAIRMENTS CORNER

### **Preparing for Your Impairment Evaluation**

If you're using PCM Impairments for your Impairment evaluation, then you already know we try to handle all the details for you. We help you get authorization, order any necessary medical testing, and collect all required medical records. What's the one thing you will need to handle? Talking to the Impairment Doctor.

To better track your experiences and changes over time, you can prepare for your appointment by jotting down some notes about the symptoms you experience related to your covered condition. Remember, you are only being rated for the conditions that have been accepted on your U.S. Department of Labor (DOL) medical benefits white card. It's helpful for the Impairment Doctor to know what symptoms you are

experiencing and how they affect your everyday life.

For example, if you have chronic obstructive pulmonary disease (COPD), you may experience shortness of breath and coughing attacks. It may affect your ability to walk moderate distances, shower and dress, and sit in church without coughing.

Shortness of breath or difficulty breathing can be a manifestation or symptom of respiratory or heart conditions. They are such subtle changes in breathing that many people don't even realize how they have learned to compensate for that shortness of breath. Try your best to be accurate without downplaying the impact your condition has on your life.



If you have a U.S. DOL medical benefits white card and you've never had an Impairment evaluation, or it has been longer than two years since you've had one, please give us a call today at 877.335.0779.

