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Physical Therapy Available Now!



Did you know that many nuclear weapons and uranium workers qualify for physical therapy (PT) through the Energy Employees Occupational Illness Compensation Program (EEOICPA)? If you have a U.S. DOL medical benefits white card and receive home care services with a covered condition, PT can be added to your home health care plan through Professional Case Management (PCM).

Physical therapy can help you improve everyday movements — like getting around your home, standing up safely, or walking to the mailbox — especially if you are living with chronic conditions such as chronic obstructive pulmonary disease (COPD), cancer, chronic beryllium disease, or neurological illnesses.

Why Choose PCM for PT?

PCM directly hires board-certified physical therapists to ensure safe, professional, high-quality care. And, unlike traditional home health programs that often limit visit length or frequency, PCM physical therapists can provide longer and more frequent sessions, giving you more time to build strength and work toward your goals. You may experience benefits such as:

- Increased independence at home
- Reduced pain or discomfort
- Improved balance and mobility
- Getting back to hobbies and activities you enjoy

Do any of these sound familiar?

- Frequent falls
- Shortness of breath
- Holding onto walls or furniture for balance

If so, physical therapy may help you move more confidently, reduce discomfort, and increase your independence.

How to Get Started

Cold War Patriots can help you obtain your U.S. DOL medical benefits white card. Once you have a qualifying condition and are approved for PT, PCM will schedule your therapy at times that work best for your lifestyle.

Call 877.335.0779 to find out more about PT services available to U.S. DOL medical benefits white card holders.



COMPENSATION for Family Caregivers

Many nuclear weapons and uranium workers rely on the support of a family member at home — whether that caregiver is a spouse, child, grandchild, niece, nephew, or another relative. For families in this situation, Professional Case Management (PCM), the founder of the Cold War Patriots advocacy organization, offers a way for workers to receive both the care they need and for their friend and family caregivers to be paid for the support they're already providing

PCM hires family caregivers directly as W-2 employees, which allows us to:

- ★ Offer competitive compensation
- ★ Pay a portion of employee taxes
- ★ Ensure accurate tax withholding

Family caregivers employed by PCM may also be eligible for:

- ★ Shift differentials
- ★ Participation in the company's 401(k) plan
- ★ Paid caregiver training

Call our Help Center today at 877.335.0779 to learn how a trusted family member or friend can become a paid caregiver with Professional Case Management.

Cold War Patriots Events



Lunch & Learns

Join us for lunch and hear medical experts discuss impairment evaluations and key exposure-related health conditions affecting workers, including cancer, respiratory health, COPD, and neurological diseases.



Social Giveaways

Workers are welcome to drop by, grab a special gift, and catch up with friends. Previous giveaways have included blankets, duffel bags, garden tool sets, camping chairs, and steak knife sets!



Reunions

A special day dedicated to you and your fellow workers - an opportunity to reconnect, celebrate shared history, and enjoy a fun-filled event featuring a live band, grand prizes, bingo, and meaningful recognition.



Online Resources

Visit our website for easy, on-demand education about program information, health conditions, and the U.S. DOL EEOICPA benefits. It's a helpful place to start or for family members who want to better understand the process.

For Date, Time, & Event Locations

Visit the Cold War Patriots Events website at coldwarpatriots.org/CWPevents, scan the QR code or call

877.335.0779



Be sure to also check your email and mailbox for official invitations throughout the year.



MELISSA HOUSTON

★ Tennessee

★ Melissa.Houston@procasemanagement.com

★ 865.964.3210

I have had the privilege of working in healthcare for over 20 years. I spent the majority of those years as a physical therapy assistant in acute care and home health settings. I also have a background in healthcare marketing and have spent a brief time in healthcare management as a rehabilitation director and hospice administrator. I am incredibly excited to join the Professional Case Management (PCM) and Cold War Patriots (CWP) family and bring my experience and skill set to the Tennessee community.

Since joining in August of 2025, I have had the honor of learning from a group of knowledgeable professionals who are all deeply committed to serving U.S. Department of Energy workers. Their collaboration and passion have been truly inspiring and especially meaningful to me because my husband and several family members are employed at Y-12 National Security Complex in Oak Ridge. This personal connection makes PCM and CWP's mission even closer to my heart as we work to educate, care, and assist sick workers with their U.S. DOL medical benefits white card. Being part of a cause that directly impacts the people I care about makes this work deeply meaningful. I am excited to help raise greater awareness of EEOICPA within our Tennessee worker community, and to continue supporting the individuals and families who built and protected our nation.

PCM Senior Case Manager Spotlight



STEPHANIE BAIRD, RN

★ Tennessee

★ Stephanie.Baird@procasemanagement.com

I have been a registered nurse for 29 years, with most of my career dedicated to emergency and trauma nursing. Originally from Virginia, I moved to Tennessee in 2001, where I now live with my husband, my stepson, and our two fur babies. I joined Professional Case Management (PCM) in 2017 as a case manager and later transitioned into the senior case manager role. I have deep respect for our clients and the sacrifices they have made, and it is incredibly meaningful to support them in living healthier, more independent lives at home. I take great pride in partnering with our case managers to uphold our commitment to delivering the highest quality care.

Over the years, I have gained a deep understanding of PCM's connection to the communities we serve and the impact our work has on the lives of the nuclear weapons and uranium worker community. My commitment to this role continues to grow because of the privilege of serving our remarkable patriots and working alongside an outstanding team.

PCM NURSES GIVE BACK

Sometimes meaningful action begins by noticing what is happening around us. For Lauree Caldwell, a PCM senior case manager located in South Carolina, that moment came while driving through town late last year to see a client. “I noticed a line of cars waiting to pick up food that stretched two blocks long,” Lauree shared. **“The news was reporting the loss of SNAP benefits and interviewing working mothers who were trying to feed their children. It was impossible not to be affected by that.”**



With the holidays approaching, Lauree suggested a small change to her clinical team’s plans. Instead of hosting their traditional ornament exchange, she proposed collecting food for families in need. Donations were collected for approximately one week, with the majority brought in on November 19th during the team’s Christmas celebration. The response was immediate and generous. Around 30 team members participated, donating approximately 200 boxed food items and 500 canned goods, filling five shopping carts and completely packing the back of an SUV.

“It was so easy to get everyone on board,” Lauree said. “We sent a few group emails asking for donations at our Christmas celebration, and the amount of food that came in was overwhelming. I was incredibly proud of our team.” **“Watching the boxes fill up was exciting and fulfilling,”** added Nicole Denardo, a regional director for clinical operations. “We were even putting seats down in the SUV to make more room. Seeing that level of participation in such a short time really stood out.”

Once everything was collected, Lauree and Nicole delivered the donations to Area Churches Together Serving (ACTS), a local food bank. The ACTS team helped unload the vehicle and expressed their appreciation. Each box included a note that reflected the heart behind the effort: “From Your Loving Nurses at PCM.”

“We want our community to know that PCM truly cares about those in need,” Nicole said. “That message mattered just as much as the food itself.”

For Lauree, the experience reinforced something she believes deeply. “As nurses and as PCM employees, we should be active in our community,” she said. “The sense of pride you feel afterward is incredibly rewarding.”



PCM’s Clinical Team

PCM CARE BRINGS JEAN PEACE OF MIND

CLIENT CORNER



My name is Jean, and I worked at the Rocky Flats Site in Colorado from 1982 to 1996. During my time there, I held several administrative positions. While working in the recruitment department, I assisted the recruiter and provided tours of Rocky Flats for both classified military personnel and unclassified civilian groups. I met many people and truly enjoyed the experience.

After my time with the recruitment team, I became a secretary in Building 441. Eventually, I transitioned into a role in budget and finance, where I continued to grow professionally. When I was offered a buyout from Rocky Flats, I accepted it and used the opportunity to pursue further education and opportunities. I trained to become a medical transcriptionist, which became my favorite role.

Although I wasn't directly involved in making nuclear weapons, I still feel proud to have played a small part in supporting Rocky Flats' mission to protect our country. I helped recruit college students and raised public awareness about the Rocky Flats Site. I believe that, in my own way, I helped uphold national security.

I've been a client of Professional Case Management (PCM) for about six years. I received my U.S. Department of Labor (DOL) medical benefits white card in 2019 and soon after became a client of PCM. Their support has brought me peace of mind regarding my health. I no longer feel the need to work as hard to manage my condition. PCM has made things feel peaceful and manageable.

PCM care has made a significant financial difference in my life. The U.S. DOL has covered hundreds of thousands of dollars of my medical expenses, which has lifted a huge burden off my shoulders. PCM helps ease the emotional toll of living with

a disease. They've answered every question I've had, whether through PCM directly or with the help of my oncologist. Having this support system and my impairment evaluation has given me a cushion that greatly improves my quality of life. Emotionally, I feel comfortable, and I know I wouldn't have that cushion without PCM.

I truly can't imagine where I'd be without PCM. They've made my life so comfortable. PCM takes away the anxiety because they're always there to help. When I need something, they say, "Let me make this call," and they get the answer. If Emily, my case manager, doesn't have the answer, she'll find it. PCM has taken the worry out of my disease. I simply don't stress about my health anymore. PCM is like my bed pillow — I sleep well knowing someone else is looking out for me.



Jean and her husband



Scan the QR code or visit procasemanagement.com/pcm-client-corner to read more from CWP members who are also PCM clients on our Client Corner page.

If you're curious about how PCM care can help keep you comfortable at home call the **Outreach Help Center at 877.335.0779.**



IMPAIRMENTS CORNER

Are You Maximizing Your Impairment Benefits?

If you have suffered from health problems as a result of your work in the nuclear or uranium industries, nothing can compensate you for that loss of function or ability. However, the Impairment benefit is the closest thing offered under the EEOICPA Program to do just that. If you have one or more covered illnesses on your U.S. Department of Labor medical benefits white card, you may be entitled to receive an Impairment Evaluation. These evaluations are performed by a specially credentialed doctor who can assess you not once, but every two years thereafter. Each 1% of impairment assigned to you equals \$2,500.

How can you maximize this benefit?

- Ensure you are utilizing doctors and support staff with decades of experience with impairments. At PCM Impairments, we have some of the longest tenured and most knowledgeable doctors performing Impairment Evaluations.
- Choose a team that can gather every pertinent medical record on your behalf, ensuring the doctor has a full picture of your covered conditions. They should call you to discuss how they are impacting your life.
- Combine your Impairment Evaluation with trusted home care from PCM! When you use any of our home care services, your case manager will work directly with the PCM Impairments Team to provide extra insight to the doctor before and during your evaluation.

Give us a call today to maximize your benefit!

MEET THE DOCTORS

Donald Lakatosh, M.D., Randy Soo Hoo, M.D., and Zaira Chaudhry, M.D. are certified by the American Board of Independent Medical Examiners (ABIME), the premier certifying body for impairment evaluators. Combined, they have more than 40 years of experience providing impairment evaluations to nuclear weapons and uranium workers.



US Department of Labor
Office of Workers' Compensation Programs
Division of Energy Employees Occupational Illness Compensation



Medical Benefits Identification Card

Claimant Name: JOHN Q. PATRIOT

Case Number: 12345

RxBin: 610084

RxPCN: DRWDPROD

RxGrp: OWCP1222

No Co-Pay/No Deductible

MISUSE OF CARD IS PUNISHABLE BY LAW

We are certain you will have a great experience with PCM Impairments.

Let us get you on the right track today!

Call us at 866.578.2580 to speak with a PCM Impairment Navigator.