



**We did our part to
keep America free!**



IN THIS EDITION:

- ★ **How To Discuss Workplace Exposures
With Your Doctor**
- ★ **What the Special Exposure Cohort Means for You**
- ★ **Join These Upcoming Events**
- ★ **Your Community Resource: Meet Voula**
- ★ **Family Caregiver Story**

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Cold War Patriots is a division of Professional Case Management and not affiliated with the U.S. Department of Labor.



P.O. Box 18916 | Denver, CO 80218-9927

CONTACT US

www.coldwar patriots.org

877.335.0779



ADVOCATE FOR YOUR HEALTH:

Discuss Workplace Exposures with Your Doctor

If you worked at a nuclear weapons or uranium site, you may have been exposed to hazardous chemicals or radiation that can lead to long-term health effects. If symptoms develop, don't assume they are part of aging or allow them to be dismissed that way.

Important questions to ask your doctor:

- **"Is it possible that my symptoms are related to past workplace exposures?"**
- **"Could this condition be related to radiation or chemical exposure?"**
- **"Can you document my nuclear or uranium work history in my record?"**
- **"Should I receive screenings based on my exposure history?"**
- **"What image or lab tests do you recommend?"**

Professional Case Management (PCM) and Cold War Patriots (CWP) are here to support and advocate for you every step of the way. Our experienced team can help you prepare for medical appointments by providing guidance on important questions to ask and helping you clearly communicate your work history and potential exposures to your doctor. With the right support and information, you can feel confident and empowered throughout the process.

CWP's benefits support team is always here to guide you, including helping you secure your U.S. Department of Labor medical benefits white card. To learn more, call 877-335-0779

THE SPECIAL EXPOSURE COHORT: What It Means for You

Decades ago, thousands of workers supported America's defense programs, often being exposed to radiation, which carried serious health risks that were poorly understood at the time. Today, the Special Exposure Cohort (SEC) recognizes that reality, offering a faster path to compensation for those who qualify.

What Are The Current SEC Covered Cancers?

Bone Cancer, primary or secondary, including the bone form of solitary plasmacytoma, myelodysplastic syndrome, myelofibrosis with myeloid metaplasia, essential thrombocytosis or essential thrombocythemia, primary polycythemia vera

Renal Cancer, primary or secondary

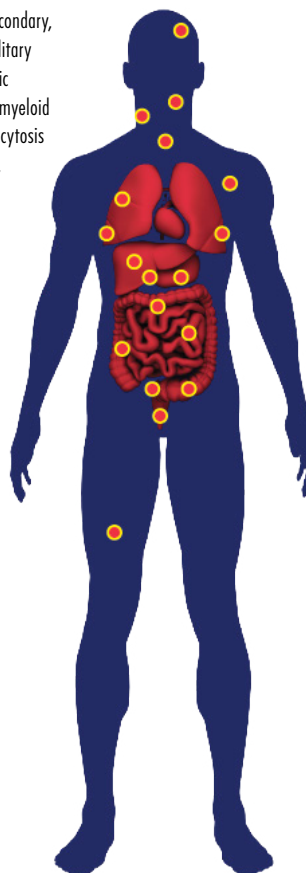
Leukemia, (other than chronic lymphocytic leukemia) provided the onset of the disease was at least two years after first exposure

Lung cancer, primary or secondary, (other than in-situ lung cancer that is discovered during or after a post-mortem exam)

Multiple myeloma

Lymphomas, (other than Hodgkin's disease)

Bile ducts



Breast (female)

Other illnesses may be covered for Part E.

Breast (male)

Other cancers may be covered under dose reconstruction for Part B.

Brain

Other cancers may be covered under dose reconstruction for Part B.

Colon (including rectum and appendix)

Esophagus

If any condition is added to your U.S.

Gallbladder

DOL white medical benefits card, all the health care expenses for your condition will be covered 100%

Liver (except if cirrhosis or hepatitis B is indicated)

Ovary (including fallopian tubes)

Pancreas

Pharynx

Salivary gland

Small intestine

Stomach

Thyroid

Urinary bladder

Here are four key things to know:

1. What It Means

Most EEOICPA claims require radiation dose reconstruction, a complex and lengthy process. The SEC removes this step, allowing eligible claims to be approved faster with fewer barriers.

2. Who Qualifies

The SEC includes workers at U.S. Department of Energy sites, atomic weapons facilities, and certain contractor locations during periods of limited radiation monitoring. Typically, eligibility requires 250 workdays and a covered cancer diagnosis.

3. Covered Cancers

There are 22 specified cancers eligible under the SEC, often with minimum latency periods. If your condition qualifies, you do not need to prove exposure levels.

4. Covered Locations

More than 100 facilities are included, ranging from major sites such as Hanford, Washington, and Oak Ridge, Tennessee, to smaller contractor locations. Eligibility is determined by specific job roles and timeframes.

Qualified individuals may receive compensation, medical coverage, and home care. Professional Case Management provides home support, helping patients stay comfortable while giving families peace of mind. To learn more, call 877.335.0779.



JOIN US FOR THE IN-PERSON OR VIRTUAL CEREMONY

Since 2009, October 30 has been recognized by the U.S. Senate as the National Day of Remembrance (NDR), honoring the men and women who served in America's nuclear weapons and uranium industries. Cold War Patriots and Professional Case Management proudly established this annual effort and remain the only advocacy and home care organizations to lead it today. Each year, we come together to recognize these workers, honor their contributions, and remember those we've lost through a special candle-lighting ceremony.

HONORING OUR LIVING LEGENDS & FALLEN HEROES

We invite you to join us for the 18th Official Cold War Patriots National Day of Remembrance™. Attend in person or join us virtually.

IN-PERSON CEREMONIES

Guest speakers include former workers, local dignitaries, a special message from the Senators sponsoring the National Day of Remembrance resolution, and moving performances by local choirs.

TUESDAY, OCTOBER 6 ★ 10 AM – 12 PM

Hilton Garden Inn - 19677 East Jackson Dr., Independence, MO

WEDNESDAY, OCTOBER 14 ★ 10 AM – 12 PM

Tuscany Suites & Casino - 255 E. Flamingo Rd., Las Vegas, NV

THURSDAY, OCTOBER 29 ★ 10 AM – 12 PM

Oak Ridge Conference Center - 1403 Oak Ridge Turnpike, Oak Ridge, TN

VIRTUAL CEREMONY

Join us on Friday, October 30 at 12 PM ET for a virtual ceremony honoring all workers across the nation. If you are unable to watch live, a recording will be emailed to you.



RSVP TO ATTEND

Whether you plan to attend our in-person or virtual ceremony, please scan the QR code, call 866.596.8087, or visit coldwarpatriots.org/NDR.

We are pleased to offer this commemorative National Day of Remembrance pin. **To receive yours, attend in-person or RSVP for the virtual ceremony.**





Your Community Resource



VOULA SIDERAKIS

★ **Colorado**

I joined PCM as the Vice President of Outreach in March 2026. I'm really looking forward to expanding our efforts to connect with workers across PCM's 17 regional locations and supporting partnerships with health care systems to bring vital home health care benefits to workers who have earned them. I've spent more than 25 years supporting patients in multi-site, highly regulated health care settings, and I feel incredibly fortunate to join PCM at such an exciting time.

I'm energized by the opportunity to build our outreach strategy, empower our teams, and expand access to care for patients who need it most. Being part of an organization so deeply committed to making a difference in patients' lives is truly meaningful.

PCM Clinicians That Care



JESSIE HOWELL

★ **Colorado**

★ **Jessie.Howell@procasemanagement.com**

I am a Colorado native, born and raised in Parker, and now live in Denver with my husband. We enjoy hiking, camping, skiing, biking, paddleboarding, and pickleball.

I am a registered nurse and senior case manager serving the Colorado Front Range. I have been with Professional Case Management (PCM) since 2024. Prior to PCM, I worked in the CICU at St. Anthony's Hospital in Lakewood, CO. Nursing has been my calling since I was young, and I am deeply committed to supporting individuals during their most vulnerable times. I take pride in providing compassionate, meaningful care.

As a senior case manager with PCM, I am honored to serve former nuclear workers in my community. It is meaningful to give back while helping clients access the resources and support they deserve.



Sandy, Relative Personal Care Attendant

CARING AT HOME WITH CONFIDENCE: SANDY AND DON'S JOURNEY

My name is Sandy, and I've been a relative personal care attendant (RPCA) with Professional Case Management (PCM) for about 10 years. My husband, Don, has been a PCM client for even longer, and our case manager, Cindy, has supported us for nearly a decade.

Don's health can be unpredictable, and working as an RPCA has helped me truly understand his needs and given me the confidence to support him more closely and in coordination with his care team. Having the training and support to know when I can safely care for him at home versus when we need to go to the doctor or hospital makes a huge difference in our quality of life. Thanks to Cindy, I can review his medications, understand what signs and symptoms to watch for, and confidently know when it's time to take action.

PCM has also helped us obtain equipment that keeps Don mobile and comfortable, allowing him to spend time outside with our Chihuahua, Bimbo. Working with PCM has strengthened our communication and partnership with our care team. I always recommend PCM to others in similar situations.

Wondering how a family member or friend can be compensated for the care they are already providing? Call us today at 877.335.0779 to learn more.



Jake and his wife Becky

A LIFETIME IN MINING, A PATH TO CARE

My name is Jake, and I worked at the Rifle Creek Mine in Colorado from 1965 until it closed in 1972, just 10 miles from the town my family has called home for five generations. Mining runs deep in my family's history. My grandfather also worked in the same mine until he passed away in 1941.

I started as a miner's helper, then entered the electrical apprenticeship program and ultimately became a master electrician. I handled all electrical work for underground operations, including installations and maintenance, and supported surface operations. I was proud to help produce high-grade uranium, which was among the highest-grade produced on the Colorado Plateau, knowing it played a role in protecting our country.

I became a Professional Case Management (PCM) client in 2021, although my breathing issues were first identified in 2019. At the time, I didn't realize I qualified for benefits. After contacting the U.S. Department of Labor, I learned I was eligible through the RECA and EEOICPA programs. A friend recommended PCM, and I soon completed my evaluation and enrolled.

PCM has been incredibly supportive, ensuring I received proper testing and working with my doctor to identify the cause of my breathing problems, especially given my family history of lung cancer. They also helped my wife become my full-time relative personal care attendant (RPCA). I recommend PCM to fellow miners because they guided me through every step of the process and made a real difference in my health.

**Scan the QR code
to connect with
your community.**



**If you're curious about how PCM
care can help keep you comfortable
at home call the Help Center at
877.335.0779.**

WHAT TO EXPECT DURING YOUR IMPAIRMENT APPOINTMENT

If you use Professional Case Management (PCM) Impairments, you already know that we help you get authorized, collect medical records, and order any necessary testing. But now that your appointment is getting close, what can you expect when the day and time arrive?

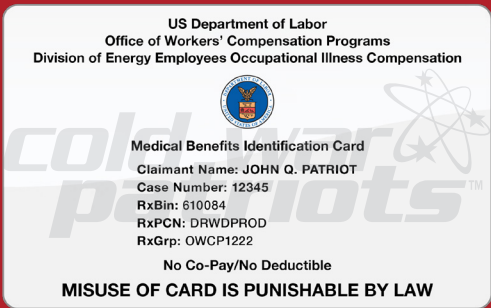
Most of our impairment Evaluations are conducted by phone, as our doctors are not diagnosing or treating any medical condition. Rather, they will be evaluating all relevant clinical data and then determining the level of whole-body impairment that has been caused by your approved health conditions. Only the conditions covered by your U.S. Department of Labor medical benefits white card may be assessed.

Your appointment with the doctor will be a friendly conversation focused on gathering important information about your health and quality of life. The doctor will want to understand any limitations or challenges related to your covered conditions. To ensure the most accurate evaluation, be open and candid in your responses. Many impairment clients choose to have a family member or friend join the call, and this is perfectly acceptable. For those receiving home care from PCM, your nurse case manager may also participate in the call as an added source of support.

We are certain you will have a great experience with PCM Impairments.

Let us get you on the right track today.

Call us at 866.578.2580 to speak with a PCM Impairment Navigator.



MEET THE DOCTORS

Donald Lakatos, M.D., Randy Soo Hoo, M.D., and Zaira Chaudhry, M.D. are certified by the American Board of Independent Medical Examiners (ABIME), the premier certifying body for impairment evaluators. Combined, they have more than 40 years of experience providing impairment evaluations to nuclear weapons and uranium workers.



DR. LAKATOSH

A board-certified physician in Physical Medicine & Rehabilitation who has performed impairment ratings for the U.S. Department of Labor's EEOICPA program since 2006, bringing specialized musculoskeletal and neuromuscular expertise to our nation's nuclear weapons and uranium worker community.



DR. SOO HOO

A board-certified physician in Occupational & Environmental Medicine with more than 20 years performing impairment ratings under EEOICPA, bringing deep expertise in complex exposure-related conditions and federal program requirements to our nation's nuclear weapons and uranium worker community.



DR. CHAUDHRY

A board-certified physician dual-trained in Occupational & Environmental Medicine and Lifestyle Medicine, bringing federal and state workers' compensation expertise to the patriots of our nation's nuclear weapons and uranium worker community.